



Chapter Cup is the premier program for HOSA chapter development in Iowa. Chapter Cup focuses on creating quality local chapters through recruitment, financial management, community service, service learning, marketing and public relations, and participation in state and national programs. Chapter Cup is designed for members to complete activities that will improve the strength of the local chapter while gaining leadership skills from the activities. Chapters can earn designations for completing activities. Each designation level has different awards and recognition associated with that level.

- All activities must be submitted on iowahosa.org. Email submissions are not accepted.
- All activities must be completed between April 1, 2022 - February 28, 2023
- Activities can only be submitted for one event. The same photo can not be submitted for two separate events.
- All pictures and supporting materials must be different from pictures/materials previously submitted. All materials submitted through Chapter Cup become the property of Iowa HOSA. Materials may be reproduced by Iowa HOSA for marketing purposes.
- Activities can be submitted until February 28, 2023. All activities must be submitted by 11:59 pm on February 28, 2023.

**Designation Levels**

Gold	17,000 and Up
Silver	12,500 - 16,999
Bronze	7,500 - 12,499

**Recognition and Awards**

	Bronze	Silver	Gold
Chapter Cup Certificate at SLC	X	X	X
Recognition on Iowa HOSA website	X	X	X
Name Badge Ribbon at SLC		X	X
Recognition in SLC program		X	X
Preferred (front row) Seating at SLC Awards Session			X
2022-23 Gold Chapter Award			X

## FAQs

### **When does the game start/restart?**

Chapter Cup will restart on April 1, 2023 with activities being released at the 2023 State Leadership Conference.

### **How are the activities verified and how will I know?**

Once activities are submitted, Iowa HOSA team members will review the submissions and reach out if an activity does not meet the criteria.

### **Will chapter standings be released throughout the year?**

You can always request your chapter submissions and scorecard by emailing [director@iowahosa.org](mailto:director@iowahosa.org). Iowa HOSA may post the scoreboard on social media, email, or announce standings at in-person meetings throughout the year.

### **What if our chapter misses a deadline?**

Chapters can still submit for points a 50% point deduction until February 20, 2023. New chapters with a charter or activation date after September 1, 2022 are exempt from the 50% point deduction rule. All activities must be submitted by February 20, 2023.

### **Will activities completed from April 2022 - August 2022 qualify?**

YES! If your chapter has already completed an activity from April 1, 2022, to August 2022, it can be submitted for points.

### **Can students complete and submit the activities?**

Chapter Cup tasks are created so members can take leadership and complete these activities by themselves. If the activities require adviser submission, it will appear in the activity. If the adviser wants to keep track of submissions, ask the members to use the adviser's email as the "Submitters Email" on the submission form to get a confirmation email.

### **Why are activities labeled with a letter and a number?**

The letter and number next to the activities are designed to help keep track when submitting activities. The letter represents the due date (All C's are due on February 1) and the number represents the activity within the due date series.

	<b>Name</b>	<b>Max Points</b>	<b>Due Date</b>	<b>Completed</b>
A-1	Chapter Information Form	500	November 1	
A-2	Elect Local Chapter Officers	600	November 1	
A-3	Initial Dues	250	November 1	
A-4	Host a Welcome Back/Recruitment Social	750	November 1	
A-5	Attend Leadership Day at Adventureland	750	November 1	
A-6	Chapter Bulletin Board	250	November 1	
A-7	Local Chapter Budget	350	November 1	
A-8	Recognition Event SLC 2022	500	November 1	
B-1	Program of Work	850	November 1	
B-2	Host a Breakfast Meeting	250	November 1	
B-3	Recruitment Flier or Participate at School Involvement Fair	200	November 1	
B-4	Mock HOSA Bowl	600	November 1	
B-5	Chapter Social Media	500	November 1	
C-1	Host a Healthcare Speaker	600	December 1	
C-2	Joint Project with another Student Organization	500	December 1	
C-3	Chapter Event with HOSA Alumni	400	December 1	
C-4	Submit a Chapter Article	400	December 1	
C-5	Attend Fall Leadership Conference (FLC)	750	December 1	
C-6	HOSA Week	700	December 1	
D-1	Community Tour	650	January 1	
D-2	Joint Activity with Another Chapter	550	January 1	
D-3	Holiday Service Project	500	January 1	
D-4	HOSA Game Night	500	January 1	
D-5	Invite a State Officer	500	January 1	
D-6	Middle School Involvement	400	January 1	
E-1	Meeting Minutes/Agenda	1,000	February 20	
E-2	Membership Points	1,000	February 20	
E-3	Chapter Representatives Meeting	750	February 20	
E-4	State Partnership	750	February 20	
E-5	ILC Pin Design	700	February 20	
E-6	CTE Month Activity	500	February 20	
E-7	SLC Fundraiser	500	February 20	
E-8	Spring Community Service Project	500	February 20	
E-9	Run for State or International Office	500	February 20	
E-10	Alumni Registration	500	February 20	
E-11	Participate in the HOSA Service Project	500	February 20	
E-12	Sponsor a Teacher/Adviser Appreciation Activity	400	February 20	

A1	Chapter Information Form	500 Points
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**Due Date:** November 1, 2022  
**Information Requested:** Adviser Information, Chapter Information

\*\*Must be completed before other activities.

*Ownership: Local Chapter Advisors*

Have the local chapter adviser(s) complete the Chapter Information form. This form ensures that your chapter receives all communication from the State Office throughout the year.

A2	Elect Local Chapter Officers	600 Points
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**Due Date:** November 1, 2022  
**Information Requested:** Contact information and group photo of the new officer team  
 Every local chapter needs an officer team that leads throughout the year. Points will be awarded to chapters that elected their officers at the end of the previous school year or beginning of the current year.

A3	Initial Dues	250 Points
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**Due Date:** November 1, 2022  
**Information Requested:** Number of members and membership model

*Ownership: Local Chapter Advisors*

Submit initial membership dues to the national/state office by October 1. Members must be registered on apps.hosa.org OR if your chapter is on program affiliation, the spreadsheet must be uploaded to the state office.

A4	Host a Welcome Back/Recruitment Social	750 Points
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**Due Date:** November 1, 2022  
**Information Requested:** Photos and information from the event

*Ownership: Officer Team*

Host an opening social with your chapter members; try to recruit additional members with engaging activities (include fun activities like an ice cream party, breakfast social, movie night). Make sure to advertise on social media and/or by hanging up flyers around your school's hallways.

A5	Attend Leadership Day at Adventureland	750 Points
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**Due Date:** November 1, 2022  
**Information Requested:** Photos from the event

Join us for Leadership Day at Adventureland! More information can be found about this event at iowahosa.org. Come to learn about what all happens behind the scenes at Iowa's largest amusement park! At least 5 members must register for this event to receive points. Make sure to upload at least 2 photos of your members at the event to receive points.

A6	Chapter Bulletin Board	250 Points
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**Due Date:** November 1, 2022  
**Information Requested:** Pictures of the Bulletin Board

Dedicate a bulletin board in the business classroom or hallway to HOSA. Use this bulletin board to advertise upcoming local, state, and national events.

A7	Local Chapter Budget	350 Points
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**Due Date:** November 1, 2022

**Information Requested:** PDF of Budget

*Ownership: Treasurer/Officer Team*

Have the officer team create a budget for the year. Make sure to include any meeting expenses, event expenses, dues, and conference registrations that you plan on attending. You can find a budget template, [here](#).

A8	Recognition Event at SLC 2022	500 Points
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**Due Date:** November 1, 2022

**Information Requested:** Name of Events entered

*Ownership: Officer Team*

Have your chapter participate in a recognition event at SLC 2022. The following events qualify as a chapter events:

- HOSA Blood Drive
- Barbara James Service Award
- Healthcare Issues Exam
- HOSA Happenings
- HOSA Service Project
- Outstanding HOSA Achievement
- Outstanding HOSA Leader
- Outstanding HOSA Alumni

B1	Program of Work	850 Points
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**Due Date:** November 1, 2022

**Information Requested:** PDF of Program of Work (POW)

*Ownership: Officer Team*

Have the local chapter officer team create a program of work to ensure your chapter's success this year. You can find a program of work templates and more instructions, [here](#). This should then be used by your officer team throughout the year.

B2	Host a Breakfast Meeting	250 Points
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**Due Date:** November 1, 2022

**Information Requested:** Photos and Event Information

Host a chapter meeting before school starts! Have the chapter provide breakfast or host it potluck style. Make sure to snap photos of the meeting, they will be requested when you submit the activity. Please include the date, time, and number of attendees in your submission.

B3	Recruitment Flier or Participate at School Involvement Fair	200 Points
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**Due Date:** November 1, 2022

**Information Requested:** PDF of Flier/Brochure or Photos from Event

Create a recruitment flier or brochure to advertise all that HOSA has to offer. You can use creative design software like Canva for free. Or participate in your school involvement or activity fair. Upload a photo from the event.

B4	Mock HOSA Bowl	600 Points
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**Due Date:** November 1, 2022

**Information Requested:** Photos

Host a local mock HOSA bowl and upload photos from the event. The mock HOSA bowl can include members or students in your school. To find out more about HSOA bowl, visit [hosa.org/guidelines/](https://hosa.org/guidelines/) and select “HOSA Bowl” under Teamwork Events.

B5	Chapter Social Media	500 Points
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**Due Date:** November 1, 2022

**Information Requested:** Photos

Create chapter social media accounts after gaining permission/approval from your local chapter advisor and/or school administration. Upload photos or screenshots of the social media account and a social media post.

C1	Host a Healthcare Speaker	600 Points
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**Due Date:** December 1, 2022

**Information Requested:** Presentation Overview and Photos

Host a healthcare leader to speak to your chapter (virtually or in-person). Attach photos of your chapter’s participation and a summary of what was discussed in the presentation.

C2	Joint Project with Another Student Organization	500 Points
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**Due Date:** December 1, 2022

**Information Requested:** Description of Project and Photos

Team up with your school’s FFA, FCCLA, or any other organization/club for a joint project. The project can be any community service, fundraising, or a school improvement project.

C3	Chapter Event with HOSA Alumni	400 Points
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**Due Date:** December 1, 2022

**Information Requested:** Event Information and Photos

Bring back some of your HOSA Alumni to talk to your chapter about where they are now. They can talk about preparing for college or what life is like in the professional world. This activity can be virtual or in-person.

C4	Local Article	400 Points
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**Due Date:** December 1, 2022

**Information Requested:** Copy of Published Article

Write and submit an article or press release to a local news outlet about your chapter. Upload a copy of the **published** article. Please submit the article in PDF format or share the link.

C5	Attend Fall Leadership Conference	750 Points
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**Due Date:** December 1, 2022

**Information Requested:** Photos

Join us in Des Moines for the Fall Leadership Conference! You can find more information at [iowahosa.org](https://iowahosa.org). At least 5 members must register for FLC to receive points. Upload photos of your chapter at the conference to receive points.

C6	HOSA Week	300 Points
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**Due Date:** December 1, 2022

**Information Requested:** Photos

Have your chapter engage with special activities during HOSA Week. Your chapter may also follow the HOSA Daily Challenge on social media to celebrate HOSA. Describe each HOSA week activity and submit photos of members participating in the activities to receive points.

D1	Community Tour	650 Points
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**Due Date:** January 1, 2023

**Information Requested:** Description of Tour, Photos

Schedule and tour a **local** community or healthcare setting with your chapter (at least 5 members need to be present at this tour). Submit photos of your chapter's participation and a description of what members learned. (State-scheduled tours are not eligible for points)

D2	Joint Activity with Another Chapter	550 Points
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**Due Date:** January 1, 2023

**Information Requested:** Description of Activity, Photos

Participate in an activity with a different HOSA chapter. Submit pictures of your chapter's participation in the activity and a description of what you did together. (State sponsored activities are not eligible for points)

D3	Holiday Service Project	500 Points
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**Due Date:** January 1, 2023

**Information Requested:** Description of Activity, Photos

Have your chapter participate in or organize a community service activity that coincides with a holiday (Halloween, Thanksgiving, Christmas, etc). Fill out the form discussing the event and upload two pictures from the service.

D4	HOSA Game Night	500 Points
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**Due Date:** January 1, 2023

**Information Requested:** Description of Activity, Photos

Host a game night for your chapter. Include team building activities to create a bond among members. Upload a description of the activity and photos to receive points.

D5	Invite a State Officer	500 Points
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**Due Date:** January 1, 2023

**Information Requested:** Confirmation Email of Request and Photos

Invite a State Officer to participate in a chapter meeting or activity. The State Officers are ready to share how your members can be more involved in HOSA and have leadership activities planned. You can request a state officer, [here](#). Upload the confirmation email to receive points.

D6	Middle School Involvement	400 Points
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**Due Date:** January 1, 2023

**Information Requested:** Event Details, Photos

Have your chapter make a presentation about HOSA to a local middle school or organize an activity with a middle school group or class. Submit the date, location, outline of presentation/activity, and photos of the event.

E1	Meeting Minutes/Agenda	1,000 Points
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**Due Date:** February 20, 2023

**Information Requested:** Agenda and Minutes

Host chapter-wide meetings multiple times throughout the year. Make sure to have an agenda and minutes for supporting documents for this activity. Earn 100 points for each meeting you have (agenda & minutes), for a max of 1,000 points. Submit all meetings for the year at once, naming each file clearly (example: OctoberAgenda, OctoberMinutes)

E2	Membership Points	1,000 Points
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**Due Date:** February 20, 2023

**Information Requested:** Current Membership and Previous Membership

Once recruiting efforts are completed for the year, submit for membership points. These will be checked with our national database for verification. **ONLY** paid members are eligible in calculations.

Returning Chapter		New Chapter**	
Maintain Membership	200 Points	5 Members	200 Points
Increase by 10%	650 Points	15 Members	650 Points
Increase by 20%	1,000 Points	25 Members	1,000 Points

\*\*New Chapters had 0 members in the prior membership year

E3	Chapter Representatives Meeting	750 Points
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**Due Date:** February 20, 2023

**Information Requested:** Photos

Have your chapter attend a Chapter Representatives Meeting. At least 3 members must register for the Chapter Representatives Meeting to receive points. Submit photos from the meeting to receive points.

E4	State Partnership	750 Points
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**Due Date:** February 20, 2023

**Information Requested:** Confirmation Email from the Sponsor Portal

Find a local business to sponsor our SLC! It is recommended that each chapter contributes at least \$250 through local businesses or chapter funds to our SLC. Once donated through our sponsor portal, upload your receipt to receive points. A \$250 donation gets you the full 750 points.

E5	ILC Pin Design	700 Points
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**Due Date:** February 20, 2023

**Information Requested:** Photos

Design and submit a possible trading pin for the upcoming International Leadership Conference. The pin design may be used by Iowa HOSA. Submissions are property of Iowa HOSA and may be reproduced without permission. Iowa HOSA reserves the right to edit or alter any submission designs.

E6	CTE Month Activity	500 Points
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**Due Date:** February 20, 2023

**Information Requested:** Photos



Celebrate CTE month at your local high school by doing a CTE month activity. The event can focus on education, awareness, or celebrating career and technical education. completed, submit the name and levels of BAA for verification.

E7	SLC Fundraiser	500 Points
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**Due Date:** February 20, 2023

**Information Requested:** Fundraising Report and Photos

Have your chapter participate in a fundraiser to help raise funds to attend the State Leadership Conference. Details about your fundraiser will be asked when submitting for points.

E8	Spring Community Service Project	500 Points
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**Due Date:** February 20, 2023

**Information Requested:** Photos

Have your chapter participate in or organize a community service activity in the spring (Jan - Feb). Submit 2 pictures of your chapter engaging in the service project.

E9	Run for State or International Office	500 Points
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**Due Date:** February 20, 2023

**Information Requested:** Members Name/Position

Have chapter members run for state or national office. Earn 250 points per member running for office. Members will need to submit their applications by February 20 for points to be awarded to their chapters. **Max 500 points\***.

E10	Alumni Registration	500 Points
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**Due Date:** February 20, 2023

**Information Requested:** Number of Seniors that completed the form

Have 50% of your senior class members complete alumni registration. You can find the registration here: <https://hosa.org/alumni>. Once 50% have completed, submit for points through the submission form.

E11	Participate in the HOSA Service Project	500 Points
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**Due Date:** February 20, 2023

**Information Requested:** Photos

Have your chapter participate in the HOSA Service Project. There is no minimum to receive points, but your submission will count towards recognition awards at SLC, so make sure to submit once you have finished fundraising for the year!

E12	Sponsor a Teacher/Advisor Appreciation Activity	400 Points
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**Due Date:** February 20, 2023

**Information Requested:** Photos

Have your chapter members conduct a Teacher/Advisor appreciation activity. Submit pictures from the activity and the members involved.